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SPECIAL INGREDIENTS

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SUMMER 2021

Creating a New, Better Home for Central Pantry

**FOOD BANK ANNOUNCES PLAN TO
MOVE CENTRAL PANTRY BY 2023**



For years, The Food Bank dreamed of finding a new home for Central Pantry — a home with space and accessibility needed to improve an operation already serving 10,000 people a month. Now, The Food Bank has taken the first steps to turn that dream into a reality.

By 2022, renovations will begin on a new facility for Central Pantry located on Columbia’s Business Loop near the access point to Interstate 70, with the pantry moving by 2023. The Food Bank finalized a contract for Central Pantry’s new location, currently a Moser’s Foods, earlier this year. The Food Bank has temporarily leased the property back to Moser’s Foods as the grocer builds a new store.

“We believe this location and the additional space will be a fantastic new home for Central Pantry,” said Lindsay Lopez, president and CEO of The Food Bank. “The added space will allow us to better support our community and those we serve.”

The only partner agency owned and operated by The Food Bank, Central Pantry is based in Columbia to serve Boone County residents. It has long outgrown its current facility on Big Bear Boulevard. Last year, as part of our work during the COVID-19 crisis, the pantry served as many as 12,000 people in one month. The new, larger facility will improve Central Pantry’s ability to present healthier foods and recipes, store fresh and frozen foods, and cooperate with community partner to provide other needed services. The location is centralized in Columbia, increasing awareness of Central Pantry’s work and importance. Through these improvements, the pantry’s new location represents one of the most substantial increases in resources for food-insecure residents of Boone County in The Food Bank’s history.

Space at the new Central Pantry location will be used for overflow storage from The Food Bank. This will allow the organization to accept more

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Celebrating a New Place to Bring Hope and 40 Years of The Food Bank



HELP US GROW CENTRAL PANTRY AND MARK A NOTABLE ANNIVERSARY

It is no overstatement when I say The Food Bank has long dreamed of a new home for Central Pantry. Our team and board firmly believe this move is the most decisive step possible to improve The Food Bank's work in Boone County.

In The Food Bank's 32-county service area, 123,780 people faced food insecurity in 2020. Boone County alone saw over 4,000 additional people become food insecure last year.

The Food Bank is here to aid all people facing these hardships, giving them the nutritional food needed for a healthier lifestyle, helping them out of difficult times. The new Central Pantry will be critical to that effort.

The new facility could not come at a more auspicious time as we celebrate The Food Bank's 40th anniversary this September. In four decades, this organization has grown from distributing 68,013 pounds of food in its first full year to now averaging more than 30 million pounds annually.

The most crucial piece of our long-term success and the effort to create a new Central Pantry is you, our donors and partners. The Food Bank will need an incredible amount of support to complete the project to grow Central Pantry.

Gratefully,

Lindsay

Lindsay Young Lopez
President and CEO

Sharing Food and Bringing Hope for 40 Years

RECOGNIZING THE FOOD BANK'S ANNIVERSARY

Forty years ago, a hunger-relief organization named Central Missouri Food Bank Network formed in Columbia to help food-insecure neighbors. What started as a small, ambitious effort has developed into an operation that feeds 100,000 people a month across 32 counties — The Food Bank for Central & Northeast Missouri.

On Sept. 10, 1981, The Food Bank started as a project between a social work class at Columbia College, the Central Missouri Human Development Corporation (now Central Missouri Community Action), the Voluntary Action Center and area churches. The new organization formed 10 years after the nation's first food bank opened in Arizona. In its first full year, The Food Bank distributed 68,013 pounds of food.

In 1986, The Food Bank partnered with Second Harvest, the national food bank network now known as Feeding America. The impact of the partnership was immediate — The Food Bank's annual distribution of food more than doubled to over one million pounds. Today, The Food Bank remains a proud and dedicated partner of Feeding America, connecting us to 200 food banks focused on feeding neighbors across the nation.

By the end of its first decade, The Food Bank grew to distribute more than 3 million pounds of food annually to 29 counties. It moved from a rented facility with 5,000 square feet to a new home with more than double the space to support the growing organization. In the next few years, flooding would

test The Food Bank's strength and ability as a disaster-relief organization.

When the Great Flood of 1993 struck nearly all of The Food Bank's service area, the organization acted quickly. By the end of the year, the organization provided 4.6 million pounds of food and supplies. At that point, it was the highest total in our history. To make the feat more impressive, The Food Bank waived the shared maintenance fees it previously charged its partner agencies for food distributions. This was done to aid partners already under significant financial strain because of the flooding. The Food Bank never reinstated the fees, and to this day, it is the only food bank in Missouri and one of the few in the nation to provide food to partner agencies at no cost.

The Food Bank has continued to expand, eventually finding its current home on Vandiver Drive in Columbia. In 2010, it officially changed its name to The Food Bank for Central & Northeast Missouri. Today, the organization feeds 100,000 Missourians a month across 32 counties through 145 partner agencies, 185 schools and several programs. On an annual basis, we distribute more than 30 million pounds of food worth a wholesale value of \$50 million. Forty years after its founding, The Food Bank is one of the largest organizations in the state dedicated to sharing food and bringing hope.



Creating a New, Better Home for Central Pantry *(continued from page 1)*

perishable goods like produce and protein items. Those foods are the most desirable and nutritional that The Food Bank can provide, considering them Foods to Encourage.

The project to move Central Pantry is an ambitious one. The Food Bank will need broad support from the entire community to fund the effort. Visit sharefoodbringhope.org/growingcentralpantry to learn how you can help grow a better Central Pantry.



Report On The Food Bank's *Work in 2020*



5,046 Volunteers
contributing 63,921 hours,
worth \$1.5 million



32,566,181 pounds
of food distributed,
a \$50 million wholesale value

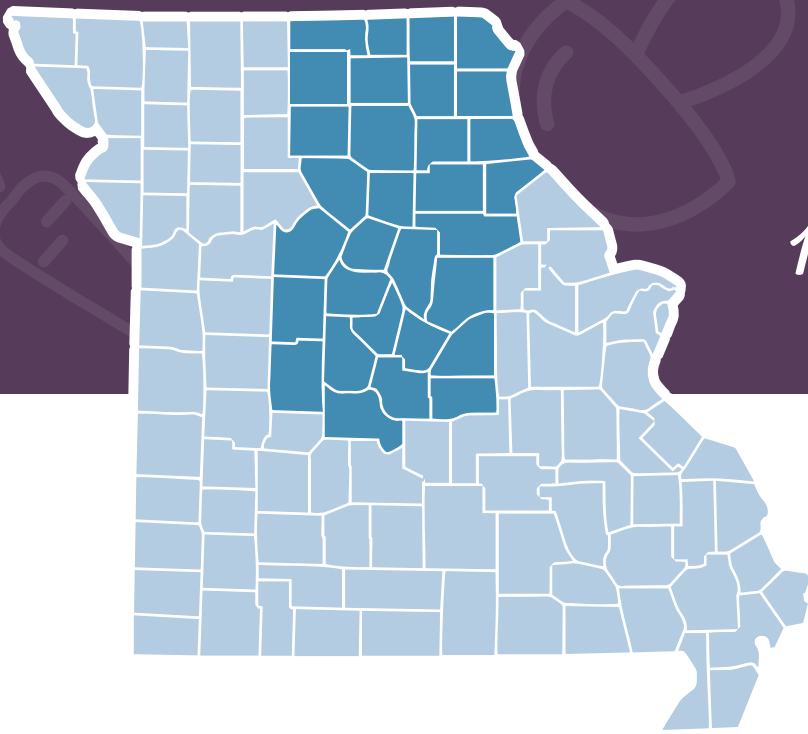


25,046,744 meals
served through programs
and partner agencies

The Weight of Our Work, *County by County*

| | |
|----------------|----------------|
| Adair | 1,080,108 lbs. |
| Audrain | 2,135,981 lbs. |
| Benton | 858,671 lbs. |
| Boone | 6,038,965 lbs. |
| Callaway | 1,110,642 lbs. |
| Camden | 1,424,936 lbs. |
| Chariton | 355,904 lbs. |
| Clark | 293,360 lbs. |
| Cole | 1,874,337 lbs. |
| Cooper | 457,180 lbs. |
| Howard | 236,799 lbs. |
| Knox | 305,775 lbs. |
| Lewis | 392,283 lbs. |
| Linn | 652,645 lbs. |

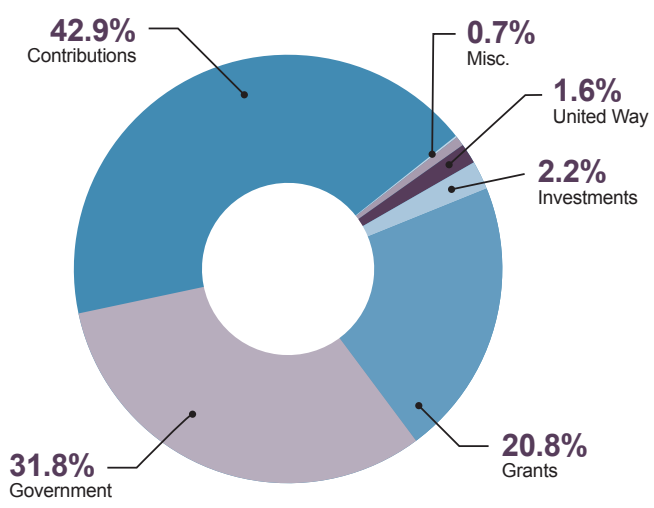
| | |
|--------------------------|----------------|
| Macon | 661,304 lbs. |
| Maries | 331,407 lbs. |
| Marion | 1,315,063 lbs. |
| Miller | 1,328,004 lbs. |
| Moniteau | 567,724 lbs. |
| Monroe | 459,810 lbs. |
| Morgan | 1,036,580 lbs. |
| Osage | 415,861 lbs. |
| Pettis | 1,549,612 lbs. |
| Phelps | 1,431,618 lbs. |
| Putnam | 277,329 lbs. |
| Ralls | 160,905 lbs. |
| Randolph | 989,492 lbs. |
| Saline | 906,497 lbs. |
| Schuyler | 358,815 lbs. |
| Scotland | 292,941 lbs. |
| Shelby | 500,201 lbs. |
| Sullivan | 255,343 lbs. |
| Partner Food Banks | 2,510,088 lbs. |



100,000 People Served Monthly in 32 Counties

The Food Bank worked with more than 145 partner agencies and 185 schools in 2020.

Our Funding



How we responded to COVID-19

Fresh Mobile Pantries

Added 37 Fresh Mobiles to serve more than **13,000 additional people** to meet the surge in need.

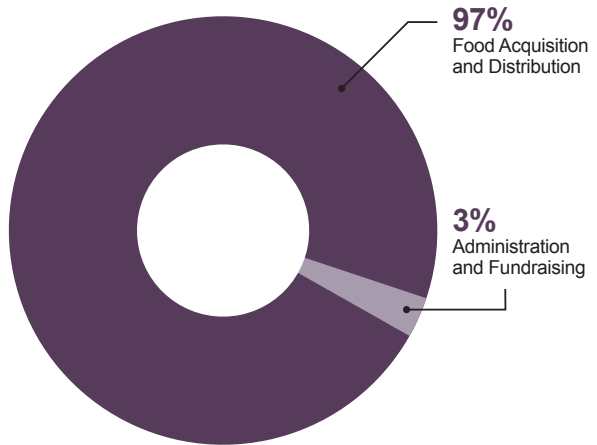
CFAP

Served over **84,000 people** through the Coronavirus Food Assistance Program, providing millions of pounds of produce and other nutritious items.

Partner Agencies

Saw an increase in need as high as **11.1%** from people getting help at Food Bank partner agencies.

How We Use It



For The Food Bank's most current audit report, visit sharefoodbringhope.org/about

Helping Hands Brings Hope

One Tuesday a month, the people of Kahoka see a long line of cars in a parking lot backed up to the highway. The cars are waiting to receive one thing – food from Helping Hands.

With support from the community, Helping Hands serves people like Nancie Holmes every month. Nancie started visiting the food pantry in 2008 when her husband had cancer. She had worked at the local Head Start for 21 years, but due to her husband's health, they could not afford both food and medicine. Helping Hands allowed her family to make ends meet.

One day, while receiving food, a volunteer asked if anyone would like to help at the pantry. Since she was using the service and had seen kids at school going hungry, she felt the need to give her time. Thirteen years later, Nancie is still volunteering. Now, she is president of the board at Helping Hands.

When Nancie first volunteered, she said the town did not know much about Helping Hands. It even had negative reviews. With new leadership and some changes, the organization's reputation improved. Word began to spread further about the pantry. Clark County Ministerial Alliance helped get information out, and the organization started putting information about Helping Hands on church bulletins and organization calendars.

"The community has helped a lot. The Alliance has gone out and talked to people," Nancie said when speaking about the changes. "The volunteers and the community are behind us. The city recognizes us in a good way."

At the beginning of the COVID-19 pandemic, Helping Hands did not have enough resources to meet the demand for food. In response, The Ministerial Alliance donated masks and gloves and helped find volunteers to serve. The Clark County Health Department initiated temperature checks and a sign-in sheet. With this support, the pantry transitioned from a shopping model to a drive-thru food pick-up. In April of 2020, Helping Hands was able to serve 324 people. Demand was so high there were two lines of cars going past the highway and into town. "It takes a village to run this place," Nancie said.

Helping Hands has seen the number of people coming to receive food return to normal as the pandemic winds down. Throughout all of the changes, Nancie noticed how efficiently the drive-thru model worked. It allows people to stay in their cars in all types of weather so they can stay comfortable. The drive-thru is so successful, Helping Hands has switched to it permanently. "Most are seniors, so we will keep doing this," Nancie said of the people they serve and how best to help them.



Planting Their Legacy

GARY AND WANDA WINTER SHOWED DEDICATION TO HELPING OTHERS

Gary and Wanda Winter always gave to others without asking for recognition. The two knew there was more to life than work. They volunteered and donated to several organizations throughout their lives, helping their community. After they passed away, they gave back one last time through The Food Bank's Heirloom Society.

The couple always cared about others. Gary worked at the VA Hospital for 28 years, and Wanda worked at Boone Hospital Center. The two traveled often, never fought and always supported other people in their lives.

"Life isn't just about work; it's also about helping to give to others," said Jeremy Winter, one of Gary and Wanda's two sons. It is a lesson the two passed down to their children.

After Wanda experienced her first fight with cancer in 2000, she decided she could not let life pass her by. She took up horse riding lessons and volunteered at a nearby therapeutic riding center. Gary volunteered at the hospital regularly after he retired since he liked seeing the patients. They also volunteered together by getting involved with the Loaves and Fishes Soup Kitchen in Columbia.

On June 11, 2009, Wanda passed away after a long fight with cancer. Jeremy and his brother Shane realized how many lives their parents touched that day. The funeral director had to shut the door after three hours at the visitation because people kept coming.

"It was person after person and people that we had never met before. They're saying, 'oh, Gary and Wanda, they helped us out when we were having hard times with this' or 'oh, they helped us move three states away,'" said Jeremy. "They never bragged, and they never said, 'Look at our names on these plaques' or won any kind of award. They just did it. Just out of pure generosity."

Jeremy said it was tough for his dad after Wanda passed away. Before she died, Gary always wanted a big screen TV. Wanda discouraged it,



Life isn't just about work; it's also about helping to give to others."

Jeremy Winter

Jeremy said. She thought he would sit in front of it all day until he got old. After Wanda passed, Gary bought his TV, but eventually, he realized she was right. A friend from the VA Hospital reached out to him, and they started volunteering together. Gary realized that there was still life to live.

Gary Winter passed away late last winter. Through their estate, the Winters continued to plant their legacy. They donated \$75,000 to The Food Bank for Central & Northeast Missouri. They became part of our Heirloom Society, which honors those who have generously named The Food Bank in an estate plan such as a will, trust or insurance policy.

The Food Bank was not aware of the Winters' intentions until after Gary and Wanda passed, meaning we could never thank them directly. If you are interested in making a gift to The Food Bank through your estate, our staff is happy to talk to you about your planned giving options. To begin the process, call a member of our development team at (573) 474-1020.



End Hunger Alongside The Missouri Tigers

JOIN THE FOOD BANK TO
SCORE AGAINST HUNGER



We are constantly stepping up our game in the effort to end hunger. That is why we are thrilled to partner with Mizzou Athletics again to host our most significant fundraising campaign, Score Against Hunger. With the University of Missouri Tigers on our side, we rally to help people facing food insecurity.

“Too many Missourians don't know where their next meal will come from. That's why I'm leading Mizzou in partnering with The Food Bank to Score Against Hunger.”

Head Coach Drinkwitz

There is no partnership we are more proud of than our relationship with Mizzou Athletics. Led by Mizzou Football Head Coach Eliah Drinkwitz and sponsored by Mpix, Score Against Hunger is key to ensuring The Food Bank can continue providing food to 100,000 Missourians each month.

"Too many Missourians don't know where their next meal will come from. That's why I'm leading Mizzou in partnering with The Food Bank to Score Against Hunger," said Head Coach Drinkwitz.

The Food Bank's partnership with Mizzou Athletics is rooted in Score Against Hunger. The campaign started in 1995 to fight food insecurity in Missouri.

Now, 26 years later, Score Against Hunger is our most substantial annual fundraising effort. The campaign is ongoing, and we need your help to make it a success.

The 2020 Score Against Hunger campaign marked the effort's 25th anniversary. As the COVID-19 crisis derailed sporting events worldwide last year, it also affected our plans to mark the occasion. This year, The Food Bank will celebrate the incredible milestone of a quarter-century of Score Against Hunger.

Coming back in person this year is our Taste of the Tigers fundraiser, the signature event of the Score Against Hunger campaign. At this event, people have a chance to sample the best food and drinks of Mid-Missouri and enjoy time alongside other Tiger fans during a live and silent auction featuring premiere experiences from across The Food Bank's service area.

When you make a gift to the Score Against Hunger campaign, you are joining Mizzou to provide food to Missouri's most vulnerable citizens. Visit scoreagainsthunger.org to learn more and donate to The Food Bank, the official charitable partner of Mizzou Athletics.