Planting Hope

The Food Bank for Central & Northeast Missouri





From the Executive Director

Hope. Can it really be planted?

Here at The Food Bank, we know the answer is a resounding "yes." We see it in the working moms and dads who are so grateful to have access to healthy food for their families provided to them at no charge. We hear it in the words of children who send us "thank you" notes, telling us they are so happy to have their Buddy Pack food. We experience it when someone comes to us with a gift, saying they once relied on our services and now are thrilled to be in a position to give back.

Hope is all around us, thanks to the generous mosaic of donors, corporate partners, volunteers and friends who make up The Food Bank for Central & Northeast Missouri.

We accomplished so much this past year, and we did it together. With your faithful support, we shared food and brought hope to 104,000 individuals every single month in 2016. These clients were served at pantries, soup kitchens and shelters throughout our 32-county service area.

This past year, The Food Bank distributed more than 31.8 million pounds of food at no charge to our agencies and schools; partners such as Salvation Army and Great Circle locations throughout our service area; True North, Rainbow House and Columbia Housing Authority in Boone County; the Samaritan Center in Cole County; SERVE in Callaway County; Open Door Service Center & Cafe in Pettis County and so many other wonderful organizations. Because The Food Bank distributes food to these agencies at no charge, they are able to allocate their resources directly on their respective missions. We are the only food bank in the state of Missouri doing that.

This publication recognizes those who make up The Food Bank by providing the resources we need to fulfill our mission and operate so efficiently. This year, we are launching a stewardship program to more formally honor those who invest in our mission. **The Perennial Society** is made up of individuals who have helped us grow the fields of hope over the course of our 35-year history by contributing **lifetime gifts of \$10,000 or more**. **The Garden Club** recognizes corporations and groups that have also contributed **at least \$10,000 in cumulative outright gifts, sponsorships and in-kind donations**. These designated partners have made a commitment to fight hunger by generously giving to The Food Bank, knowing that we are able to maximize every dollar.

Members of the **Annual Club** planted seeds of hope in central and northeast Missouri in 2016 by **making gifts of at least \$1,000**. And the **Heirloom Society** recognizes those whose vision led them to contribute through a **planned gift in 2016**, leaving a legacy of hope for future generations.

This inaugural class of members will forever be part of The Food Bank's history, marking another milestone as we embark on our next 35 years.

So, **thank you,** from all of us here at The Food Bank and on behalf of those we served every month in 2016, for being part of our family and our mission. We look forward to continuing to work with you as we share food and bring hope to central and northeast Missouri in 2017.

Gratefully,

Lindsay Young Lopez Executive Director

THE FOOD BANK BOARD OF DIRECTORS

Todd Weyler President Laura Erdel Vice President Ann Littlefield Secretary Judy Starr
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Sharing food. Bringing hope.

31,899,193



Pounds of food The Food Bank distributed in 2016

104,000



Average number of people served each month in 2016

7,500



Number of students served every weekend by the Buddy Pack program

46,554



Number of people who volunteered for The Food Bank in 2016

\$2,100



Value of groceries The Food Bank can secure with every \$100 donation

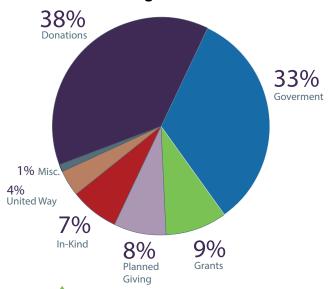
We take efficiency seriously.

We are the ultimate bargain hunters. As a member of Feeding America, **The Food Bank is able to acquire \$2,100 worth of groceries for every \$100 we receive.** And 97% of everything we take in goes directly toward the acquisition and distribution of food, ensuring that your donation is being maximized to help solve hunger.

To further ensure cash donations go toward meeting the need, The Food Bank relies heavily on in-kind donations such as signage, paper, office supplies and printing, often provided at no cost or with significant discounts. We are so appreciative of these businesses for their continued support.

Our operation is complex. We are thankful for grocers, restaurants, wholesalers, manufacturers, growers and other corporate partners that make sure food goes to those who need it rather than in a landfill. We are also grateful for everyone who hosts food drives, grows and donates fresh produce and donates groceries to help meet the need. Volunteers are critical to our organization, essentially doubling our workforce without adding to payroll. Volunteers save us more than \$2 million every year, and we are grateful for those who give their time.

Funding Sources





Allocations of Funds/Food

97%

97%Food Aquisition and Distribution

3% Administration

and Fundraising

The Need in Our Area

In our 32-county service area, 1 in 6 adults and 1 in 5 children face hunger on a regular basis.



More than 50% of children living in our service area qualify for free or reduced-price school lunch.

TOUGH CHOICES

For the more than half of our clients who work full time, part time or on a seasonal basis, it is difficult to stretch a paycheck through the month. Many sacrifice buying groceries in order to pay other expenses such as housing, transportation, utilities and medical bills. They rely on our pantries, soup kitchens and other agencies to supplement what they can afford.



OR









OUR PARTNERS

The following provides the number of pounds of food provided to our partner agencies and schools at no charge. Thank you for helping us share food and bring hope throughout our 32-county service area.

Adair649,066 lbs. Christian Community Food Depot 101,633 lbs.	County 59,412 lbs. The Food Bank Summer Feeding 6,184 lbs.	Keytesville R-III, Northwestern, Salisbury
Helping Hands Mission 24,031 lbs.	The Shepherd's Basket Pantry 41,447 lbs.	Clark305,101 lbs.
Salvation Army - Kirksville 220,717 lbs.	Tiger Pantry 34,616 lbs.	Helping Hands Food Distribution 258,266 lbs.
The Food Bank Mobile Pantry Kirksville 50,937 lbs.	True North 12,701 lbs.	Shiloh Christian Children's Ranch 16,488 lbs.
The Food Bank Mobile Pantry Adair 216,034 lbs.	Turning Point Ministries Pantry 243 lbs.	The Food Bank Direct Distribution 15,806 lbs.
The Food Bank Summer Feeding 5,915 lbs.	Voluntary Action Center 7,126 lbs.	Buddy Pack Schools14,541 lbs.
Buddy Pack Schools	Buddy Pack Schools 287,175 lbs.	Blackhawk, Running Fox
Adair County R-II, Kirksville Primary,	Alpha Hart Lewis, Battle Elementary,	Colo
Novinger, Ray Miller	Benton, Beulah Ralph, Blue Ridge, Cedar Ridge, Centralia Intermediate, Chance,	Cole1,416,599 lbs. First Christian Church Pantry 106,495 lbs.
Audrain1,110,368 lbs.	Chester Boren, CORE (Quest), Delmar	Jefferson City Daycare Center 9,596 lbs.
Help Center 893,208 lbs.	Cobble, Derby Ridge, Early Childhood	Rape and Abuse Crisis Center 6,876 lbs.
St. John's Catholic Church Pantry 124,003 lbs.	Center, Fairview, Field, Gentry, Grant,	Salvation Army - J.C. Center of Hope 10,165 lbs.
Buddy Pack Schools92,808 lbs.	Hallsville R-IV Intermediate & Primary,	Salvation Army - Jefferson City 106,030 lbs.
Children's Therapy & Early Education	Harrisburg, Jefferson, Lange, Lee, Mary	Samaritan Center 625,247 lbs.
School, Community R-VI, Early Childhood	Lee Johnston Community Learning Center,	Senior Nutrition Council of Cole Co. 9,468 lbs.
Center, Eugene Field, Hawthorne,	Midway Heights, Mill Creek, New Haven,	The Food Bank Direct Distribution 41,088 lbs.
McMillan, Van-Far	Oakland, Park Ave. Headstart, Parkade,	The Food Bank Mobile Pantry JC 188,850 lbs.
School Pantry349 lbs.	Paxton Keeley, Ridgeway Rock Bridge, Russell Blvd., Shepard Blvd., Smithton,	The Food Bank Mobile Pantry Jefferson City Daycare 73,250 lbs.
Mexico High	Sturgeon R-V Elementary and Middle,	The Food Bank Mobile Russellville 61,455 lbs.
Benton1,068,238 lbs.	Title 1 Preschool, Two Mile Prairie,	The Food Bank Summer Feeding 14,682 lbs.
Benton County Pantry 1,046,242 lbs.	West Blvd., West Middle	The Healing House 5,569 lbs.
Soup & More Community Kitchen 634 lbs.	School Pantries6,414 lbs.	Buddy Pack Schools156,572 lbs.
Buddy Pack Schools 21,363 lbs.	Battle High, Douglas High, Jefferson	Belair, Callaway Hills, Cedar Hill,
Cole Camp, Lincoln, Ruth Mercer,	Middle, Oakland Middle, Rock Bridge	Clarence "Lawson," East, Eugene,
Warsaw North, Warsaw South	High, West Middle	Kirchner, Lewis & Clark, Moreau Heights,
D	Collegeory 4 00 4 0 4 lbs	North, Pioneer Trail, Russellville
Boone	Callaway1,304,274 lbs. Fulton Soup Kitchen 16,804 lbs.	Elementary and Middle, South, Southwest Early Childhood Center, Thomas
Central Pantry 4,871,217 lbs. Columbia Housing Authority 108,758 lbs.	Holts Summit Pantry 249,348 lbs.	Jefferson, Thorpe Gordon, West
Columbia Square Town Homes 3,260 lbs.	Missouri Girls Town Foundation 68,292 lbs.	School Pantry
Community Recreation 2,576 lbs.	New Beginnings Church Pantry 260,483 lbs.	Jefferson City Academic Center
Great Circle Columbia 43,732 lbs.	New Beginnings Church Soup Kitchen 9,858 lbs.	
Hope Chest for Kids 50,835 lbs.	Oak Chapel Pantry 68,713 lbs.	Cooper511,355 lbs.
Job Point 8,183 lbs.	SERVE 586,929 lbs.	Harvest House 17,215 lbs.
Latter House Pantry 4,213 lbs.	Buddy Pack Schools43,848 lbs.	Milestones Daycare 49,022 lbs.
Lord's Kitchen 1,687 lbs. Mary Lee Johnston Community	Auxvasse, Bartley, Bush, Hatton McCredie, McIntire, New Bloomfield,	Mother's Cupboard 93,086 lbs. Neighbors Helping Neighbors 243,131 lbs.
Learning Center 2,048 lbs.	South Callaway R-II, Williamsburg	Otterville Presbyterian Church 64,917 lbs.
McCambridge Center 9,086 lbs.	Goddin Gallandy IV III, IVIIII alliang	Prairie Home UMC 8,563 lbs.
Nora Stewart Early Learning Center 784 lbs.	Camden,1,378,496 lbs.	The Food Bank Direct Distribution 46 lbs.
Oakland Senior Center CMAAA 94,398 lbs.	Camdenton Senior Center 11,827 lbs.	Buddy Pack Schools35,376 lbs.
Pathways Boone County 6,186 lbs.	Citizens Against Domestic Violence 5,297 lbs.	Blackwater, Bunceton, David Barton,
Phoenix Programs Main Building 34,246 lbs.	Lighthouse Mission 98,052 lbs.	Hannah Cole, Otterville R-VI, Prairie
Phoenix Programs MTC 9,550 lbs.	Osage Beach Senior Center 4,757 lbs.	Home R-V
Progressive Missionary Pantry 137,992 lbs. Rainbow House 7,872 lbs.	Share the Harvest Pantry 977,664 lbs. The Food Bank Mobile Pantry 188,557 lbs.	Howard326,874 lbs.
Reality House, Inc. 30,793 lbs.	Buddy Pack Schools	Coyote Hill Christian Children's Home 23,556 lbs.
Russell Chapel Community Pantry 50,775 lbs.	Climax Springs, Dogwood, Hawthorn,	Fayette Ministerial Alliance Pantry 109,746 lbs.
Salvation Army - Columbia 135,120 lbs.	Hurricane Deck, Macks Creek, Oak	Glasgow Pantry 121,787 lbs.
Salvation Army - Harbor House 55,636 lbs.	Ridge Intermediate, Osage Beach,	New Franklin Cares 11,265 lbs.
Seventh Day Adventist Pantry 116,930 lbs.	Stoutland	The Food Bank Mobile Pantry 55,039 lbs.
Shalom Christian Academy 10,378 lbs.	ol 1	Buddy Pack School5,482 lbs.
Sturgeon Ministerial Alliance Pantry 205,674 lbs. The Food Bank Direct Distribution 28,781 lbs.	Chariton County Cupboard 178,519 lbs.	New Franklin
The Food Bank Mobile Pantry Indian Hills	Salisbury Pantry 146,486 lbs.	
Park 42,755 lbs.	Salisbury Senior Center 13,367 lbs.	
The Food Bank Mobile Pantry So. Boone	Buddy Pack Schools8,402 lbs.	



2016 TOTAL POUNDS DISTRIBUTED: 31,899,193

Equivalent Meals: 26,582,660 • Wholesale Value: \$53,271,652

		•
Knox County Food Cupboard 279,684 lbs.	Paris Senior Citizens Center 21,320 lbs. Buddy Pack Schools	
Lewis425,308 lbs.	waarson 0-3, wornoc ony, r ans	
First Baptist Church Canton 343,311 lbs.	Morgan860,548 lbs.	
Heartland Resources 15,706 lbs.	First Baptist Church of Laurie 6,876 lbs.	
The Food Bank Mobile Pantry 66,291 lbs.	Food for Morgan County, Inc. 390,095 lbs.	
	Ivy Bend Pantry 359,769 lbs.	<u> </u>
Linn511,885 lbs.	The Food Bank Mobile Pantry 60,726 lbs.	land the second
Marceline Area Nutrition Center 20,305 lbs.	Versailles Nutrition Site 26,371 lbs.	
Ministries in Linn County Pantry 461,222 lbs.	Westside Senior Center 3,809 lbs.	Serving a 32-County Service Area
Buddy Pack Schools30,358 lbs.	Buddy Pack Schools12,902 lbs.	
Brookfield, Bucklin R-II, Linn County R-I,	Morgan County R-I, Morgan County R-II	Cherith Brook Pantry 647,479 lbs.
Walt Disney		Christos Center 496,420 lbs.
"	Osage352,417 lbs.	Community Kitchen 17,049 lbs.
Macon787,972 lbs.	Good Shepherd Center 337,800 lbs.	Primrose Hill Teen Challenge 3,191 lbs.
La Plata Christian Ministries 244,413 lbs.	Buddy Pack Schools14,617 lbs.	Safe Passage 4,057 lbs.
Macon County Ministries Pantry 529,617 lbs.	Fatima, Linn	The Food Bank Direct Distribution 50,805 lbs.
Buddy Pack Schools	D-Hi-	Buddy Pack Schools38,230 lbs.
Bevier, Callao C-8, La Plata R-II,	Pettis3,209,354 lbs.	Gratz Brown, Higbee, North Park, Renick
Macon R-I	Citizens Against Spousal Abuse 3,184 lbs.	R-V, South Park, Westran R-I
Marias (66 ago lha	Open Door Service Center & Cafe 3,167,818 lbs. Buddy Pack Schools38,351 lbs.	
Maries	Green Ridge, Heber Hunt, Horace Mann,	Saline834,884 lbs.
Loaves & Fishes Pantry 241,455 lbs.	LaMonte R-IV, Northwest, Parkview,	Great Circle Tom Butterfield Campus 32,435 lbs.
Maries County Council on Aging 239 lbs.	Sedalia Middle, Skyline, Smithton,	Community Food Pantry 632,894 lbs.
Buddy Pack Schools18,440 lbs.	Washington	Lighthouse Shelter 2,014 lbs.
Belle, Dixon, Vienna	rrasimigtori	Sweet Springs Food Pantry 135,629 lbs.
zone, zmen, tremu	Phelps1,492,227 lbs.	Buddy Pack Schools31,913 lbs. Alexander "Slater," Benton, Eastwood,
Marion1,231,096 lbs.	Choices for People 5,088 lbs.	Gilliam C-4, Miami, Northwest, Southeast
Apostolic Holiness Church 309,410 lbs.	Great Circle St. James 95,131 lbs.	Olliam 0-4, Wiami, Northwest, Godinedst
Douglass Community Services 407,386 lbs.	Newburg Pantry 143,092 lbs.	Schuyler279,559 lbs.
God's Harvesters Pantry 41,502 lbs.	Phelps County Faith Distribution 340,556 lbs.	Schuyler County Food Room 269,844 lbs.
Loaves & Fishes - Hannibal 440 lbs.	Rolla Church of the Nazarene 38,775 lbs.	Buddy Pack School9,715 lbs.
Palmyra Food Pantry 400,453 lbs.	Rolla Nutrition Site 663 lbs.	Schuyler R-I
Salvation Army - Hannibal 71,905 lbs.	Salvation Army - Rolla 46,417 lbs.	•
	Southern Cherokee Tribe's Share	Scotland279,971 lbs.
Miller,1,483,005 lbs.	the Harvest 15,713 lbs.	Scotland County Pantry 279,971 lbs.
Eldon Community Pantry 418,164 lbs.	St. James Caring Center 516,711 lbs.	
Helping Hands of Central Missouri 104,233 lbs.	St. James Golden Age Center 42,080 lbs.	Shelby623,576 lbs.
Hope House 332,137 lbs.	The Food Bank Mobile Pantry Phelps 201,764 lbs.	Bethel Pantry 243,187 lbs.
Visions Unlimited Pantry 595,654 lbs.	The Food Bank Mobile Pantry Southern Cherokee 46,237 lbs.	Shelby County Food Pantry 342,607 lbs.
Buddy Pack Schools32,818 lbs.	Cherokee 40,237 lbs.	Shiloh Christian Children's Ranch 30,638 lbs.
Heritage, Iberia, Miller Co R-3, Osage Upper,Tuscumbia	Putnam185,638 lbs.	Buddy Pack Schools7,145 lbs.
Osage Opper, ruscumbia	Putnam County Ministerial Alliance 87,674 lbs.	Clarence, Shelbina
Moniteau491,079 lbs.	Putnam County Senior Center 30,205 lbs.	G-11
California Nutrition Center 15,436 lbs.	The Food Bank Mobile Pantry 64,523 lbs.	Sullivan
Cargill Cares Pantry 427,002 lbs.	Buddy Pack School3,237 lbs.	Medicine Valley Community Ministry 32,552 lbs.
Tipton Nutrition Center 21,640 lbs.	Putnam County R-I	Milan Interfaith Pantry 136,527 lbs. Buddy Pack Schools
Buddy Pack Schools27,001 lbs.	-	Green City, Milan C-2, Newtown-Harris R-III
California Elementary and Middle,	Ralls285,145 lbs.	School Pantry: 1,258 lbs.
Clarksburg, Jamestown C-I, Latham, Tipton	Ralls County Pantry 272,894 lbs.	Newton-Harris
- · · · · · ·	Buddy Pack Schools12,251 lbs.	Nonton Hamo
Monroe471,739 lbs.	Center, New London, Ralls County	Other Food Banks766,111 lbs.
Faithwalk Ministries Pantry 158,251 lbs.		,,
Monroe City Pantry 275,236 lbs.	Randolph1,257,232 lbs.	Total31,899,193 lbs.



GROWING THE FIELDS OF HOPE

Year after year, members of the Perennial Society sustain the mission of The Food Bank. Individuals who have made cumulative gifts of \$10,000 or more are recognized as members of this prestigious group.

\$100,000+

Robert and Patricia Bassett
Roger Bumgarner
Dr. Ronald Carter and Judith Carter
Richard and Pamela Huffstutter
Mike and Teresa Ittner
Sara LeMone
Dave and Marcia Machens
Barbara Pelot
Gary and Mildred Schell
Bea Smith
Dr. Patrick Smith and Karen Smith
Dr. Randy Trecha and Doreen Trecha
Michael and Mary Winter
Anonymous (3)

\$50,000-\$99,999

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\$25,000-\$49,999

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Buddy and Nancy Bolinger
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Linda Bond
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Donna Buchert

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Faces of Hope



"We would be out of food without [Open Door Service Center]."
-Amber, mom, hotel housekeeper Pettis County

"It helps because we have something to eat if our dad can't get food for us." -Buddy Pack Recipient, Cole County

Charles and Evelyn Brown William and Sharon Bullard Ralph and Charlotte Butler James and Miriam Butt Dennis and Annette Canote

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Bradley Wing and Christine Patterson

Dennis and Ruth Wright Kell and Nancy Yang

Robert and Theresa Younger John and Jane Zanol

Anonymous (13)



SUPPORTING THE FOUNDATION OF HOPE

Corporate partners and organizations lay a foundation of hope with continued support

Vear after year We roly on these assured. year after year. We rely on these community leaders to ensure that we can operate as efficiently as possible. Groups that have contributed at least \$10,000 in outright gifts, sponsorships or in-kind donations are recognized.

\$100.000+

Allen P. and Josephine B. Green Foundation

Anderson Family Charitable Foundation **Boonville Correctional Center**

Callaway Carriers

Calvary Episcopal Church

Central Bank

Central Bank of Boone County

City of Columbia

Columbia Kraft Foods

Columbia Orthopaedic Group

Commerce Bank

Consolidated Electrical Distributors

(Phillips)

County of Boone

Cumulus Media

DeSpain Cayce Dermatology Center

& Medical Spa

Feeding America

Heart of Missouri United Way

Fred V. & Dorothy H. Heinkel Charitable

Foundation

Image Technologies of Missouri, LLC

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Missouri Foundation for Health

Mizzou Alumni Association

Mizzou Sports Properties

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N.H. Scheppers Distributing Co.

Open Door Service Center

Robinson & Ries Orthodontics

Sam's Wholesale

Sedalia Pettis County United Way

Shelter Insurance Foundation

Signs Now

The Church at Osage Hills

United Way of Central Missouri

United Way of Central Missouri

Foundation

United Way of Randolph County, Inc.

University of Missouri

Vangel Marketing Communications

Walmart

Boonville, Brookfield, Camdenton, Columbia,

Fulton, Hannibal, Jefferson City Stadium, Jefferson

City Super Center, Kirksville, Mexico, Moberly,

Osage Beach, Rolla, Sedalia, Versailles, Warsaw Walmart Distribution Center

Walmart Foundation

Zimmer Radio & Marketing Group

Anonymous (5)

\$50,000-\$99,999

3M Foundation, Inc. J.R. Albert Foundation American Direct Marketing Resources **Boone Electric Community Trust**

Coil Construction, Inc.

Columbia Daily Tribune

Community Food Pantry

Columbia Missourian

Co-Mo Cares Trust, Inc., Operation

Round Up

ConAgra Foods Feeding Children Better

Foundation

Delta Systems Group of Columbia, Inc.

Dillon's Food Stores

Dover Baptist Church

Dunafon Enterprises DBA Taco Bell

Miriam Arnold Edmonston

Charitable Foundation

First Presbyterian Church

Fischer's Concrete Service, Inc.

Greek Week, University of Missouri

Huffstutter Apple Orchard

Image Technologies of Missouri, LLC

Jefferson Bank of Missouri

Jefferson City Correctional Center

Lora L. and Martin N. Kelley Family

Foundation Trust

KOMUTV8

La Plata Christian Ministries, Inc.

Marathon Office Interiors

MFA Foundation

Natural Grocers

Norfolk Southern Foundation

Peckham & Wright Architects, Inc.

Premier Paper & Packaging, Inc.

Sam's Club - Jefferson City

Samaritan Center

Schnuck's Grocery

Sidener Foundation

Simon Associates, Inc.

St. John's Catholic Church Food Pantry

St. Thomas More Newman Center

The Heim & Heim Company LC

Unilever Foundation

Union Pacific Foundation

University of Missouri College of

Agriculture, Food & Natural Resources

Veterans United Foundation

Wallstreet Financial Group, Inc.

Web & Sons. Inc.

\$25,000-\$49,999

Aaron's Rent to Own Altrusa International of Columbia, MO Foundation, Inc.

Ameren Missouri

Ameren UE

Archer Daniels Midland Co.

Arrow Rock Lyceum Theatre

Atkins, Inc.

Bank of America Charitable Foundation Boone County Community Trust

Bradford Farm

Broadway Christian Church Camdenton R-III Schools Carpet One Columbia Central Bank of Sedalia Central Trust & Investment Company CenturyLink Clarke M. Williams Foundation

CNW Management, LLC DBA Subway Columbia Board of Realtors Columbia Downtown Optimist Columbia Insurance Group

Columbia Northwest Rotary Club Community United Methodist Church

Cosmopolitan Luncheon Club Coyle and Lance Oral & Maxillofacial

Surgery, LLC

Cruise Industry Charitable Foundation Ebenezer Baptist Church

FCS Financial

First Christian Church of Columbia

First Presbyterian Church

Gibbs, Pool and Turner, PC

Golden K Kiwanis Club of Columbia

Grand Cru Restaurant

Hanson & Company CPA's, PC

Hawthorn Bank Horti-Care

Hy-Vee Food Store #1076

Faces of Hope



"I'm thankful for the donors. Without them, we would be in a really tight spot." -Chris. dad Benton County

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Funds are donated to The Food Bank to allow for the acquisition of food. The Food Bank transports products to Columbia to be sorted, inspected and, if necessary, repackaged.

The Food Bank sends food at no charge to partner pantries, soup kitchens and agencies.



Agencies provide meals and distribute groceries to families, children, seniors and others in need. Because food is provided at no charge, agencies may use their resources for other expenses.



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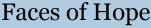
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Faces of Hope



"This will really help me out. It will last a while. I was surprised by how much they gave me."

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Thank you to Allison Moorman, Stephens College Class of 2018, for assisting with the design of this publication.



- "This really helps. A million times, thank you to those who donate."
- -Travis, Southern Cherokee Tribe member

Phelps County

Faces of Hope - Travis's Transformation

He was one of her most difficult cases.

When Ann McCauley, a foster mom who at the time had a full-time career, was asked to take on Travis, she was hesitant. At 10, he'd already racked up an arrest record. He was violent, non-verbal and a threat to his adoptive family.

Today, there is no trace of that Travis. He is a 16-year-old junior making good grades, interested in culinary arts and serves as a mentor for troubled boys.

Ann says The Food Bank played a significant role in that transformation.

When Ann took him into her home, the outbursts and issues were so severe. she needed to become a career foster mom and quit her job in order to continue to work with him. Fostering multiple children, including growing boys, is expensive. She does not believe she could have done it had it not been for Central Pantry. Food is a key part of fostering, she says: Some of her children have been so food insecure that they would hide groceries, not knowing that they would have food again.

Ann worked with Travis's adoptive mom, Laura, who is his biological grandmother, and a case worker to develop a plan of action for Travis. They decided to have family outings with Ann in tow to model appropriate behavior. It was Laura's idea to require Travis to volunteer at The Food Bank and Central Pantry to pay back to the community what she paid in restitution for his crimes.



Travis shows off his culinary skills, preparing a chicken dinner with side dishes using ingredients found at Central Pantry.

"That's when he started to turn around, when he saw there were other people worse off than he was," Ann says. "It gave him empathy. He started to see he wasn't the poorest, worst-off kid in the community."

"The whole experience at The Food Bank and Central Pantry turned him around. It instilled hope for us for Travis. It instilled a lot of hope for his future."

It also helped him develop the fine motor skills he now uses as he is learning to work with various kitchen utensils. And The Food Bank is where he developed an interest in food as a career option.

Then there were the Buddy Packs. For Travis, Buddy Packs — bags of nutritional food sent home on Fridays with children who rely on subsidized school meals — gave him a sense of empowerment. At first, like many of Ann's foster children, he would be protective of his Buddy Pack, but over time, he began sharing his food with others.

"Buddy Packs give kids control over their food," Ann says. "Foster kids have trouble sharing, so for him to learn sharing was amazing. All kids want to be empowered and the Buddy Pack is an empowering tool. It's more than just feeding kids on the weekends."

Ann and Laura worked for three years before Travis was ready to return to his adoptive family full time. He and Ann remain close, and Travis has even helped her work with other troubled foster children.

"The whole experience at The Food Bank and Central Pantry turned him around," Ann said. "It instilled hope for us for Travis. It instilled a lot of hope for his future."

2016 at a Glance















Missouri Foundation gifted The Food Bank with a mobile pantry







